Learning to Move in Modular Robots using Central Pattern Generators and Online Optimization

Abstract

This article addresses the problem of how modular robotics systems, i.e. systems composed of multiple modules that can be configured into different robotic structures, can learn to locomote. In particular, we tackle the problems of online learning, that is, learning while moving, and the problem of dealing with unknown arbitrary robotic structures. We propose a framework for learning locomotion controllers based on two components: a central pattern generator (CPG) and a gradient-free optimization algorithm referred to as Powell’s method. The CPG is implemented as a system of coupled nonlinear oscillators in our YaMoR modular robotic system, with one oscillator per module. The nonlinear oscillators are coupled together across modules using Bluetooth communication to obtain specific gaits, i.e. synchronized patterns of oscillations among modules. Online learning involves running the Powell optimization algorithm in parallel with the CPG model, with the speed of locomotion being the criterion to be optimized. Interesting aspects of the optimization include the fact that it is carried out online, the robots do not require stopping or resetting and it is fast. We present results showing the interesting properties of this framework for a modular robotic system. In particular, our CPG model can readily be implemented in a distributed system, it is computationally cheap, it exhibits limit cycle behavior (temporary perturbations are rapidly forgotten), it produces smooth trajectories even when control parameters are abruptly changed and it is robust against imperfect communication among modules. We also present results of learning to move with three different robot structures. Interesting locomotion modes are obtained after running the optimization for less than 60 minutes.

1. Introduction

As for any mobile robot, one of the key features that a self-reconfigurable modular robot should exhibit is robust locomotion. Designing efficient locomotion controllers for modular robotic systems is, however, a difficult and unsolved problem. Their locomotion control suffers from all the traditional difficulties of locomotion control in robots with multiple degrees of freedom with additional difficulties related to their specific modular structure. Indeed, the control of locomotion requires multi-dimensional coordinated rhythmic patterns that need to be correctly tuned in order to satisfy multiple constraints: the capacity to generate forward motion with low energy without falling over, while adapting to possibly complex terrain (uneven ground, obstacles), allowing for modulation of speed and direction. These difficult problems are not yet satisfactorily solved for monolithic robots (e.g. quadruped or biped robots), in particular for locomotion in complex terrains. Controlling a self-reconfigurable modular robot is even more difficult because of a mechanical structure that might evolve over time due to (self-)reconfiguration, uncertainties in the state of the mechanical structure due to imperfect connection mechanisms, and possibly imperfect communication between different modules, to name a few problems. Model-based approaches that are successfully used for some monolithic robots (e.g. humanoid robots) are in many cases therefore not suitable for modular robotic systems because of the difficulty in maintaining accurate and up-to-date models.

In this article, we propose a framework for learning locomotion controllers based on two components: a central pattern generator and a gradient-free optimization algorithm known as Powell’s method (Press et al. 1994). Our approach is inspired...
by a control mechanism that nature has found to deal with the redundancies in animal bodies and the requirement to easily modulate locomotion: central pattern generators (CPGs). CPGs are neural networks capable of producing coordinated patterns of rhythmic activity without any rhythmic inputs from sensory feedback or from higher control centers (Delcomyn 1980). A similar approach has been taken by Kamimura et al. (2003, 2004).

Even completely isolated CPGs in a Petri dish can produce patterns of activity, called fictive locomotion, that are very similar to intact locomotion when activated by simple electrical or chemical stimulation (Grillner 1985). However, while sensory feedback is not needed for generating the rhythms, it plays a very important role for shaping the rhythmic patterns and for keeping CPGs and body movements coordinated. Typically, varying simple stimulation allows modulation of both the speed and direction of locomotion. From a control point of view, CPGs therefore implement some kind of internal model, i.e. a controller that ‘knows’ which torques need to be rhythmically applied to obtain a given speed of locomotion. Interestingly, CPGs combine notions of stereotype (steady-state gait) and flexibility (speed, direction and types of gait can be adjusted continuously).

In this article we will argue that CPGs are ideal building blocks for constructing locomotion controllers for a self-reconfigurable modular robot and for running online learning algorithms. We present a CPG based on a system of coupled amplitude-controlled phase oscillators. Our CPG is implemented and tested on our YaMoR modular robotic system. A YaMoR module has one actuated degree of freedom, can be mechanically attached to up to five other modules, and communicates wirelessly with other modules via Bluetooth (Moeckel et al. 2006). Each module is programmed to run one nonlinear oscillator to control the oscillations of its servomotor. The nonlinear oscillators are coupled together across modules using Bluetooth communication to obtain specific gaits, i.e. synchronized patterns of oscillations among modules. Different stable gaits can be obtained by adjusting the parameters of the CPG that determine the frequency, amplitude and phase lag of oscillations.

CPGs as systems of coupled nonlinear oscillators are useful for locomotion control in any type of articulated robot: they exhibit limit cycle behavior (temporary perturbations are rapidly forgotten), they ensure good coordination between different degrees of freedom, they produce smooth trajectories even when control parameters are abruptly changed and they can readily integrate sensory feedback signals for online modulation. A review of the use of CPG models in robotics can be found in Ijspeert (2008).

In addition, they are particularly useful for modular robotics. They are ideally suited for a distributed implementation (e.g. with one or more oscillator per module), they are cheap computationally, they produce robust synchronization even if CPUs have different clock frequencies and they are robust against imperfect communication among modules (time delays, packets loss, noise, etc.).

Finally, CPGs are also a good substrate for online optimization, a property that is used in this article. Indeed, an optimization algorithm (in our case Powell’s method) can run in parallel with the CPG and regularly update its parameters. Despite abrupt parameter changes, the produced trajectories will smoothly converge towards the new limit cycle after a short transient period. This means that the robot does not need to be stopped or reset between iterations.

The possibility of online optimization, i.e. learning while moving, is one of the main contributions of this article. (Here, we will use learning, optimization and adaptation synonymously.) Being able to learn gaits online, as opposed to offline with a simulator or a model, is of great importance for self-reconfigurable modular robotics. First of all, since the optimization does not rely on a simulation or a model, it will avoid the problem of having to transfer the locomotion controller from a simulation or model to the real world. This transfer is often very problematic due to the difficulty of properly modeling complex environments (e.g. friction and contact models with an uneven floor). Second, it makes possible the learning of a locomotion gait for a new, previously unknown configuration. This may be the case after self-reconfiguration or self-assembly. Third, the locomotion gait may be continuously adapted to changes in the robotic structure (e.g. because of the addition, removal or failure of modules). Fourth, locomotion can be adapted to changes in the environment. To the best of our knowledge, there has been no previous research in online optimization of chain-type modular robot locomotion.

This work follows preliminary results in simulation with a slightly different type of CPG that had shown the potential of the approach for modular robotics (Marbach and Ijspeert 2005). In the following sections, we first make a brief overview of related work (Section 2). We then present the mechanical and electronic design of our robot YaMoR, as well as the Bluetooth protocol that we designed for communication between modules (Section 3). In Section 4, we present the CPG model and the optimization algorithm. Experiments demonstrating the activity of the CPG and the online learning with different robot structures are presented in Section 5. Our approach is discussed in Section 6.

2. Related Work

2.1. Locomotion Control in Modular Robots

Modular robots are generally classified as being lattice-type or chain-type. Lattice modular robotic systems use cluster-flow locomotion and reconfiguration. In order to move, the robot continuously reconfigures (modules attaching and detaching over a lattice of other modules), thereby giving the impression that the module cluster ‘flows’ on the ground and around...
obstacles. The Crystalline robot (Vona and Rus 2000), Telecube (Vasilivitskii et al. 2002) and the ATRON (Ostergaard and Lund 2003) are examples of such robots. Chain-type robots normally locomote in a static configuration (i.e. without using reconfiguration), using powered joints. See, for example, the M-TRAN II (Murata et al. 2002), the CONRO robot (Shen et al. 2004) and Polybot (Duff et al. 2001). Although reconfiguration can also be used for motion, it is normally used in order to adapt to a new environment or function. For example, a robot could climb over an obstacle in a quadruped configuration and then reconfigure to a snake in order to slide through a small hole. (See http://unit.aist.go.jp/is/dsysd/mtran/English/experimentE.htm for videos of the M-TRAN II performing such reconfigurations.)

In this article, we do not address locomotion through self-reconfiguration. We only address the problem of locomotion in chain-like robots, that is, locomotion that requires the periodic activation of articulated joints. Different locomotion control algorithms have been developed for those types of robots, including: centralized gait tables, role-based control, hormone-based control, constraint-based control and CPG-based control. The most common and obvious approach to control locomotion of a chain-type robot in a specific configuration is a centralized gait control table (Yim 1994; Bongard et al. 2006). The gait control tables correspond to simplified finite state machines with a sequence of actions for each module. Actions are generally simple motor commands that set the desired angle. This is the simplest and probably most rigid way of generating a gait. The sequence is usually predefined (Yim 1994), but can be adjusted during runtime (Bongard et al. 2006).

Role-based control has been proposed by Stoy et al. (2003) for locomotion of chain-type robots. It is an asynchronous distributed approach. Each module plays a role, which consists of a periodic function $A(t)$ (e.g. a harmonic oscillator) that specifies the joint angle(s) of the module. Additionally, a delay for every child connector is given. Role-based control is an interesting approach to synchronize the system in a distributed manner but the algorithm has two major limitations: (1) it is assumed that modules have one and only one parent connector; and (2) the synchronization procedure can lead to discrete jumps in the generated trajectories $A(t)$.

Shen et al. (2002) of the CONRO project took inspiration from hormones to design reliable, distributed control hormone-based algorithms that can deal with dynamic configuration changes. A digital hormone is, as its biological counterpart, a message that propagates in the network and triggers different actions from different receivers. In contrast to message broadcasting, a hormone may have a lifetime and can be modified or deleted by cells as it travels through the network. The hormones are used for several tasks such as distributed task negotiation, synchronization and topology discovery (Salemi and Shen 2004). For instance, they are used to discover the current robot configuration and to try to map it to a known configuration in a database (i.e. one for which a controller is available).

Zhang et al. (2002) have developed a constraint-based control framework to program modular robots. The idea is to see locomotion as a constraint-based problem and to use solvers to find satisfactory solutions in a given parameter space (typically parameters for a sine-based controller). Zhang et al. have successfully applied constraint-based control to modular self-reconfigurable robots in simulation. However, the authors mainly focus on scalability rather than on reliability.

The last type of locomotion control is based on the concept of CPGs. The goal is to produce oscillations as the limit cycle behavior in a system of coupled nonlinear oscillators. As discussed above, this approach benefits from many interesting properties such as synchronization between multiple oscillators and robustness against perturbations. In particular, CPGs allow much more freedom in modulating gaits than sine-based controllers since changes in the control parameters lead to smooth changes in the produced oscillations. CPG-based control has been used by Kamimura et al. (2003, 2004), who use two-neuron Matsuoka oscillators as a CPG model for M-TRAN in their recent work. A genetic algorithm (GA) is applied to optimize the free CPG parameters offline (i.e. in simulation) for specific configurations. In Kamimura et al. (2004) the authors extend the CPG with a drift detection mechanism and demonstrate adaptive locomotion with M-TRAN in the face of external perturbations and varying environmental conditions. Input from the sensors affects the state and shapes the oscillatory output of the system. There is no long-term memory or learning effect. In contrast, we investigate in this article online adaptation, i.e. learning while moving without needing offline optimization with a simulator.

Note that CPGs are also increasingly used in monolithic robots, see for instance Kimura et al. (1999); Conradt and Varshavskaya (2003); Arena et al. (2004); Endo et al. (2005); Aoi and Tsuchiya (2006) for a few examples, and Ijspeert (2008) for a review. In our own work, we have used CPG models similar to that presented here in snake-like robots (Ijspeert and Crespi 2007), salamander-like robots (Ijspeert et al. 2007), quadruped robots (Buchli et al. 2006a), and humanoid robots (Righetti and Ijspeert 2006).

### 2.2. Learning and Locomotion

As discussed above, locomotion control in robots with multiple degrees of freedom is a complex problem. It presents big challenges for learning algorithms for at least three reasons: (1) it is a highly nonlinear problem; (2) it involves large multi-dimensional search spaces; and (3) it is a problem for which the gradient of the functions to optimize is generally not available (the speed of locomotion, for instance, cannot be expressed as an analytical function of the open controller parameters because it intrinsically depends on the robot-
environment dynamics). Different learning/optimization techniques have been used to improve locomotion controllers over time including evolutionary algorithms, reinforcement learning and heuristic optimization.

Evolutionary algorithms are stochastic population-based optimization algorithms that can optimize a large class of cost functions (for instance, the cost functions do not need to be continuous as required for gradient-descent algorithms). That makes them well-suited to optimize performance measurements of a robot, e.g. the speed. They have been extensively used to design locomotion controllers (Beer and Gallagher 1992; Lewis et al. 1993; Gruau and Quatramaran 1997; Ijspeert and Kodjabachian 1999; Paul and Bongard 2001; Ijspeert 2001), including for modular systems (Sims 1994; Kamimura et al. 2003; Marbach and Ijspeert 2005). However, the great majority of these projects (with a few exceptions e.g. Lewis et al. 1993) have optimized the controllers in a simulator. Simulators are used because of the large number of required evaluations (typically of the order thousands or higher, which would be excessive for a real robot) before converging to an optimum. This reliance on the simulator is, however, a problem in locomotion control. In many cases, the transfer of controllers from simulation to the real robot is poor, because many types of locomotion depend on complex physical interactions between the robot and its environment that are extremely hard to simulate properly. One possible solution to this problem is to combine evaluations in simulation and on the real robot (Bongard et al. 2006).

Reinforcement learning algorithms (Sutton and Barto 1998) have also been used to train locomotion controllers. They usually have difficulties tackling problems with highly multidimensional search spaces and with continuous (as opposed to discrete) states and actions. However, they were recently used with success for online learning of biped locomotion (Collins et al. 2005; Geng et al. 2006; Matsubara et al. 2006; Nakamura et al. 2007) as well as quadruped locomotion (Kohl and Stone 2004). It remains to be seen whether these tailored approaches can be adapted for learning locomotion in arbitrary structures as in modular robotic systems.

Finally, another approach is to use heuristic (gradient free) optimization algorithms as variants of the Simplex method as used on quadruped robots (Weingarten et al. 2004) or Powell’s method as used here and in preliminary experiments (Marbach and Ijspeert 2005). As discussed later in this article, the advantage of these algorithms is that they are fast. The disadvantage, however, is that they present a greater risk of converging to a local optimum (as opposed to a global optimum) compared to stochastic methods.

3. The Modular Robotic System YaMoR

In this section we will briefly describe the robotic system that we use for experimentation in this article, in particular the mechanical and electronic design, as well as the Bluetooth communication protocol that we implemented.

3.1. Mechanical and Electronic Design

YaMoR consists of mechanically homogeneous modules. A module weighs 0.25 kg and has a length of 94 mm (including the lever) with a cross-section of 45 × 50 mm. YaMoR modules have a single degree of freedom: the hinge of the U-shaped lever has a working range of slightly more than 180°. It is driven by a powerful RC servomotor with a maximum rotation speed of 60° per 0.16 s and a maximum torque of 0.73 Nm, which is sufficient for one module to lift three others. The casing of a module consists of printed circuit boards (PCBs) that also serve as support for the electronics (Figure 1). Modules can be attached to each other at specific locations on each module face. A screw and pin mechanism allows fixation with angles at every 15°. In its current state, YaMoR modules therefore do not support self-reconfiguration and the modules can only be connected by hand.

A module is powered by an onboard Li-Ion battery and includes the necessary electronics for power management, motor control, communication and execution of algorithms. To achieve more flexibility and modularity in terms of control, each YaMoR module contains five separated control boards: (1) one board for handling the Bluetooth communication; (2) one board carrying an ARM microcontroller; (3) one board carrying a Spartan-3 FPGA; (4) one sensor-board with an infrared distance sensor and a 3D accelerometer; and (5) a service board containing power supply and battery management.

YaMoR was constructed as a framework for a variety of different projects. For instance, a user may choose between using an ARM7 TDMI microcontroller (used in a variety of industrial and research projects), an FPGA or a combination of both for implementing the desired control algorithm. Configuring the FPGA to contain a MicroBlaze softprocessor (Xilinx Corp.)
allows the exploitation of the hardware–software co-design capabilities offered by the platform, also taking advantage of the flexibility provided by the FPGAs partial reconfiguration feature (Upegui et al. 2005). The YaMoR architecture with distributed electronic components gives a flexible solution for connecting the electronic boards. The FPGA board can be left out if it is not needed to save energy, or it can be replaced by a board with specific sensors if useful. The new sensor board can still take advantage of the electronics mounted on the remaining boards. A designer for an additional sensor board therefore does not have to worry about power supply or battery management. In this article, we only use the power board, the Bluetooth board and the microcontroller board. For more details about the YaMoR modules see Moeckel et al. (2006).

3.2. Bluetooth Communication Protocol

Designing the communication network for robots can be a great challenge, especially when the mechanical connections are changing during the robot operation and when the robot consists of different modules that might provide different services such as different sensors, computational units and actuators that should work together. Within the field of self-reconfiguring modular robots it is a strong advantage to have a communication infrastructure that is independent of the mechanical structure of the robot and that is continuously working during the reconfiguration of the mechanical system. For this reason, we decided to use a wireless communications network for our modular robot YaMoR, allowing us to provide a stable exchange of information between the modules during periods of (manual) reconfiguration. The CPG model that will be presented in Section 4 requires modules to communicate their states to each other in order to implement a system of coupled oscillators. Furthermore, a wireless communication is advantageous when commands have to be sent to the robot (e.g. from a PC) or data require to be tracked and analyzed. In this case, the robot can operate without being disturbed by a tether.

3.2.1. Advantages of Bluetooth

We decided to use Bluetooth for our modular robot as it is a powerful standard for robust wireless networks with several benefits. (1) Implementations of the latest Bluetooth standard 2.0 reported power consumptions of more than 10 times less than for WLAN. That is why Bluetooth is very interesting for embedded systems that are battery powered and therefore with limited energy resources. (2) Bluetooth uses a very robust communication protocol called Frequency Hopping. (3) In contrast to infrared, Bluetooth devices do not have to be in the visual range of each other to support a wireless link. (4) Bluetooth is a standard that ensures that every certified Bluetooth device, regardless of which company developed it, can communicate with every other certified Bluetooth device. (5) Bluetooth is supported and continuously improved by a group of companies organizing themselves in the so-called Bluetooth interest group. (6) Because Bluetooth devices are manufactured in high numbers and due to the fact that Bluetooth is operating in the license-free frequency band the price for Bluetooth devices is very low. (7) Many Bluetooth software stacks are available, some of them for free. That is why the time for the development of new Bluetooth software and protocols is dramatically reduced.

3.2.2. Drawbacks of Bluetooth

Although free Bluetooth software stacks are available, the development of software based on Bluetooth can be difficult for the following two reasons. (1) For interfacing the Bluetooth stack, the user still needs a lot of knowledge about the wireless standard. (2) As Bluetooth was originally designed as a cable replacement with a central host device, Bluetooth networks have some major restrictions. As shown in Figure 2a, up to 8 Bluetooth devices can be connected to form a so-called Piconet. In this Piconet, one Bluetooth device acts as the central host device called master while the other 7 devices act as slaves. The master is controlling the whole communication in the Piconet. Only the master device knows of the slaves and can send data to them, but the slaves do not know which other slave devices the Piconet contains or are they able to communicate directly with each other. If a slave device wants to send data to another slave, it has to pass that data to the master device first which has to forward the data to the receiver. The network structure becomes even more difficult if more than 8 devices are connected. In the case as shown in Figure 2b, a slave device has to act as a master in another Piconet. By acting as a slave device in one Piconet and as a master in another, a so-called Scatternet is formed. In this Scatternet, only directly connected devices know about each other and can send data directly to each other.

3.2.3. Scatternet Protocol

To overcome problems (1) and (2) outlined above, we developed a new Scatternet protocol (SNP) layer that extends the original Bluetooth communication, i.e. makes it usable for more than 8 Bluetooth devices in a transparent manner. A user who wants to send data to any other device in a Bluetooth network simply sends a packet with the address of the receiver into the network. The Scatternet protocol is responsible for finding the shortest path through the network and for guaranteeing that the packet is received by the target device. When the network is changed, the Scatternet protocol adapts and learns new paths. Only local information that the Scatternet protocol extracts from the data packets passing the Bluetooth device it
Bluetooth Traffic for Experiments  We tested our SNP with modular robot configurations of up to eight Bluetooth (BT) nodes/YaMoR modules, plus one additional node for the connection to the serial port of the PC. We are using a ZV4002 BT chip providing data rates up to 75 kByte s\(^{-1}\) (Bluetooth 1.2). It can be assumed that the actual possible data rate is smaller; message delay tests are described in Moeckel et al. (2007).

Constant communication messages between oscillators are synchronization messages based on sparse communication (see Section 5.1.1). Each message has 23 Bytes and is sent four times a second to each of the direct neighbors in the CPG network. This corresponds to a communication time step of 25 (see Section 5.1.1). Our biggest modular robot assembly, the quadruped robot, features outer modules with one neighbor and inner modules with three neighbors. The traffic going through a single inner BT node is therefore \(6 \times 4 \, s^{-1} \times 23 \, \text{Byte} \approx 0.5 \, \text{kByte s}^{-1}\). This is equivalent to \(\approx 1.5 \, \text{kByte s}^{-1}\) for the overall network, assuming direct communication. (If the messages are sent indirectly, the load is higher than 1.5 kByte s\(^{-1}\) but still lower than the maximum possible 75 kByte s\(^{-1}\).) Additional traffic is produced when new CPG parameters are sent via the BT node at the PC (e.g. parameter message: 77 Bytes) or commands are sent to switch on/off the RC motors. However, in comparison to the communication due to the synchronization messages, these are small peaks in the BT traffic. The biggest reduction for BT traffic is clearly provided by sparse communication: only every 25th synchronization message is actually sent. A simple computation for synchronization messages, but without sparse communication, reveals that the serial line between microcontroller and BT node (based on 115 200 baud rate, approximately 11.5 kByte s\(^{-1}\)) would actually overload (13.2 kByte s\(^{-1}\) load) without this feature.

4. Locomotion Control

The locomotion controller is composed of a CPG model for producing coordinated oscillations and an optimization algorithm, Powell’s method, for optimizing the speed of locomotion.

4.1. CPG Model

The CPG model is implemented as a system of \(N\) coupled amplitude-controlled phase oscillators, one per module (Figure 3). An oscillator \(i\) is implemented as follows:
The oscillator of the YaMoR module is aligned with the module (i.e. in the corresponding to a zero offset) is the position in which the lever of the phases of the oscillators. In this article, we use the ble periodic output. Equation (1) determines the time evolu-
dians), respectively. The parameters of the phase, amplitude and the offset of the oscillations (in rad-
tions controlling the amplitudes of each oscillator (not only the phase). We used (almost) the same model to control a snake-like robot (Ijspeert and Crespi 2007) and a salamander-like robot (Ijspeert et al. 2007).

Fig. 3. Example of a CPG architecture.

\begin{align*}
\dot{\phi}_i &= \omega_i + \sum_j w_{ij} r_j \sin(\phi_j - \phi_i - \varphi_{ij}) \\
\dot{r}_i &= a_r \left( \frac{a_r}{4} (R_i - r_i) - \dot{r}_i \right) \\
\ddot{x}_i &= a_x \left( \frac{a_x}{4} (X_i - x_i) - \dot{x}_i \right) \\
\theta_i &= x_i + r_i \cos(\phi_i),
\end{align*}

where \( \theta_i \) is the oscillating set-point (in radians) extracted from the oscillator and \( \phi_j, r_i \) and \( x_i \) are state variables that encode the phase, amplitude and the offset of the oscillations (in radians), respectively. The parameters \( \omega_i, R_i \) and \( X_i \) are control parameters for the desired frequency, amplitude and offset of the oscillations. The parameters \( w_{ij} \) and \( \varphi_{ij} \) are coupling weights and phase biases, respectively, which determine how oscillator \( j \) influences oscillator \( i \). An oscillator \( i \) receives the value of state variables \( \phi_j \) and \( r_j \) of neighbor modules \( j \) via the Bluetooth communication protocol (see the following sections). The parameters \( a_r \) and \( a_x \) are constant positive gains \((a_r = a_x = 20 \, \text{rad} \, \text{s}^{-1})\). The reference position (i.e. corresponding to a zero offset) is the position in which the lever of the YaMoR module is aligned with the module (i.e. in the middle of its working range).

These equations were designed such that the output of the oscillator \( \theta_i \) exhibits limit cycle behavior, i.e. produces a stable periodic output. Equation (1) determines the time evolution of the phases of the oscillators. In this article, we use the same frequency parameter \( \omega_i = \omega \) for all oscillators, and bidirectional couplings between oscillators such that \( \varphi_{ij} = -\varphi_{ji} \). We also ensure that, in case of a closed loop of interoscilla-
tor couplings, all phase biases in the loop are consistent (i.e. sum to a multiple of \( 2\pi \)). With these parameters, the phases will converge to a regime in which they grow linearly with a common rate \( \omega \) and with a phase difference between oscillators determined by \( \varphi_{ij} \). Equations (2) and (3) are critically damped second order linear differential equations which have \( R_i \) and \( X_i \), respectively, as stable fixed points. From any initial conditions, the state variables \( r_i \) and \( x_i \) will asymptotically and monotonically converge to \( R_i \) and \( X_i \). This allows one to smoothly modulate the amplitude and offset of oscillations.

With these settings, two oscillators \( i \) and \( j \) that are coupled with non-zero weights \( w_{ij} \) asymptotically converge to limit cycles \( \theta_i^\infty(t) \) and \( \theta_j^\infty(t) \) that are defined by the following closed form solutions:

\begin{align*}
\theta_i^\infty(t) &= X_i + R_i \times \cos(\omega t + \varphi_{ij} + \phi_0) \\
\theta_j^\infty(t) &= X_j + R_j \times \cos(\omega t + \varphi_{ji} + \phi_0),
\end{align*}

where \( \phi_0 \) depends on the initial conditions of the system. (Note that, because of the common frequency and the consistency of phase lags in a loop, this limit cycle does not depend on the coupling weights \( w_{ij} \). The coupling weights only affect how quickly the system converges to the limit cycle: the larger the weight, the faster the convergence.) This means that the system stabilizes into oscillations that are phase-locked for all degrees of freedom that are connected together. These oscillations can be modulated by several control parameters, namely \( \omega \) for setting the common frequency, \( \varphi_{ij} \) for setting the phase lags between two connected oscillators, \( R_i \) (\( i = 1, 2, \ldots, N \)) for setting the individual amplitudes, and \( X_i \) (\( i = 1, 2, \ldots, N \)) for setting the individual offsets. Figure 4 illustrates how the system converges to the stable oscillations, starting from random initial conditions, after a random perturbation.

Similar CPG models have been developed, e.g. to simulate the lamprey swimming network (Cohen et al. 1982; Williams et al. 1990; Kopell et al. 1991; Nishii et al. 1994; Sigvardt and Williams 1996). The closest model used to control a robot is that developed by Conradt and Varshavskaya (2003), an impor-
tant difference being that our model has differential equations that developed by Conrad and Varshavskaya (2003), an important difference being that our model has differential equations controlling the amplitudes of each oscillator (not only the phase). We used (almost) the same model to control a snake-like robot (Ijspeert and Crespi 2007) and a salamander-like robot (Ijspeert et al. 2007).

Each oscillator is implemented locally in the microcon-
troller of each module. The differential equations are solved using Euler integration with \( 10 \, \text{ms} \) time steps. The set-points \( \theta_i \) are sent to the servomotors using pulse-width modulation (PWM). Note that the set-points \( \theta_i \) are being directly interpreted as angular positions by the RC servomotors. We use digital position-controlled RC servomotors (hobby type). The internal PID controller of the RC servomotors is encapsulated and not available from the outside, i.e. we have no influence on the gain of the control loop. Oscillators that are coupled together (i.e. that have non-zero weights \( w_{ij} \)) will regularly exchange their state variables \( \phi_i \) and \( r_i \) via Bluetooth to implement the system of coupled oscillators. The communication of
random perturbations are applied to the state variables. Their limit cycle has a closed form solution. Most types of oscillators used (Figure 4). The second interesting property is that this limit cycle has a harmonic shape and has control parameters \( \omega \text{ and } R_i \) that are explicit and are directly related to relevant features of the oscillations. This facilitates the design and analysis of locomotion controllers. A third interesting property is that these control parameters can be abruptly and/or continuously varied while inducing only smooth modulations of the set-point oscillations (i.e. there are no discontinuities or jerks). This property is important in avoiding damage in the motors and gearboxes, and will be used extensively in the Results section for the online optimization of the locomotor behaviors (Section 5). Finally, a fourth interesting feature is that feedback terms can be added to Equations (1)–(3) in order to maintain entrainment between control and mechanical oscillations (this will not be explored here).

4.2. Optimization Algorithm

We shall now explain how the CPG is optimized in order to produce fast locomotion. The function to optimize, the cost function \( f(x) \), is the average speed of the modular robot as estimated from an external camera. The vector \( x \) contains all the control parameters of the CPG. We measure the speed of one specific module by measuring the distance traveled in a given period (see the description of the experimental setup in the following section).

To perform the optimization, we require an algorithm that can compute optima of a function without gradient information (which is not available here). Since time to convergence is critical in online optimization, we decided to avoid stochastic optimization methods such as simulated annealing, genetic algorithms and particle swarm optimization and to use Powell’s method, a fast heuristic optimization algorithm (Press et al. 1994). Powell’s method is easily available and well documented and is therefore simple to use and compare. It is recommended (Press et al. 1994) in comparison to other gradient-free methods. The advantage of the algorithm is that it is fast; the disadvantage is that it presents more risk of converging to a local optimum (as opposed to a global optimum) than stochastic methods.

The principle of the algorithm is to use Brent’s method, a bracketing algorithm, for performing one-dimensional optimization and then to use a direction-set method for multidimensional optimization. We briefly explain the algorithm here. Our description is inspired by that of Press et al. (1994).

4.3. One-Dimensional Optimization

The goal of function optimization is to find \( x \) such that \( f(x) \) is the highest or lowest value in a finite neighborhood. From this point onwards we simply consider the problem of function minimization. Note that function maximization is trivially related because one can minimize \(-f\). The main idea of one-dimensional function optimization is to bracket the minimum with three points \( a < b < c \) such that \( f(b) \) is less than both \( f(a) \) and \( f(c) \). In this case and if \( f \) is non-singular, \( f \) must have a minimum between \( a \) and \( c \). Now suppose that a new point \( x \) is chosen between \( b \) and \( c \). If \( f(b) < f(x) \), the minimum is bracketed by the triplet \( (a, b, x) \). In the other case if
4.4. Multi-Dimensional Optimization

Consider a line defined by a starting point $P$ and a direction $n$ in $N$-dimensional space. It is possible to find the minimum of a multi-dimensional function $f$ on this line using a one-dimensional optimization algorithm (Press et al. 1994) (e.g. Brent’s method, see above). Direction-set methods for multi-dimensional function minimization consist of sequences of such line minimizations. The methods differ by the strategies in choosing a new direction for the next line minimization at each stage. Powell’s method (Brent 1973; Press et al. 1994) is best explained with an example. Consider a function with a ‘valley’ along $x = y$ that descends to the origin:

$$f(x, y) = x^2 + y^2 + (x - y)^2.$$  \hspace{1cm} (7)

Powell’s method starts with the unit vectors $e_1, e_2, \ldots, e_N$ of the $N$-dimensional search space as a set of directions. One iteration of the algorithm completes $N$ line minimizations along the $N$ directions in the set. The algorithm is illustrated in Figure 5 for the two-dimensional function introduced above Equation (7). Starting at the initial point $P_0 = (2, 5)$, the first line minimization along the direction given by the unit vector $[1, 0]^T$ takes us to the point $P_1$. From this point the second line minimization along $[0, 1]^T$ takes us to $P_2$ and completes the first iteration. As can be seen in Figure 5, repeated line minimizations along the unit vectors would involve many iterations because the minimum would be approached in small steps. After each iteration, Powell’s method checks if it is beneficial to replace one of the directions in the set by $v_i = P_0 - P_N$ where $P_0$ was the starting point at the current iteration and $P_N$ the new point after the $N$ line minimizations. In the example of Figure 5, $v_2$ replaces $[1, 0]^T$ in the second iteration. The algorithm correctly decides not to include new directions in all other iterations as this would actually slow down convergence. The mechanisms for deciding whether or not to include the new direction $v_i$ after each iteration and which direction in the set should be replaced are described in Brent (1973) and Press et al. (1994). Note that there is no learning rate; the algorithm simply goes to the optimum in the next direction.

5. Results

In this section, we will first evaluate the suitability of the CPG model for a distributed implementation with possibly unreliable communication between modules. We will then present results from running the CPG and Powell’s method on three different types of robot structures.

5.1. Suitability of CPGs for Modular Robots

In order to evaluate the suitability of the CPG model, we tested it with MatLab on a PC. We tested one particular configuration: a chain of $N = 5$ oscillators with bidirectional couplings. Unless otherwise specified, the system was implemented with the following parameter values for all oscillators: $\omega = \pi/2 \text{ rad s}^{-1}$, $a_r = 20 \text{ s}^{-1}$, $a_s = 20 \text{ s}^{-1}$, and $w_{ij} = 5$. The system of equations was integrated using the Euler method with 10 ms integration steps (as in the robot experiments of the following sections).

Figure 6 illustrates how such a system reacts to abrupt changes of the amplitude $R_i$, offset $X_i$, and phase lag $\phi_{ij}$ parameters. The system starts with random initial conditions and rapidly stabilizes in a traveling wave ($\phi_{ij} = 2\pi/5$ for all connections in one direction and $\phi_{ij} = -2\pi/5$ for all connections in the other direction). At time $t = 10$ s, the signs of the phase lag parameters are changed and the system stabilizes after a short transient period into a wave traveling in the opposite direction. At time $t = 20$ s, the amplitude parameters $R_i$ are modified and the amplitudes of oscillations change accordingly. At time $t = 30$ s, the offsets $X_i$ are set to non-zero values. After all these abrupt changes, the outputs $\theta_i$ of the oscillators smoothly converge to the new limit cycle. This is an

\[ f(x) < f(b) \], the new bracketing points are $(b, x, c)$. In both cases, the bracketing interval decreases and the function value of the middle point is the minimum found so far. Bracketing continues until the distance between the two outer points is tolerably small (Press et al. 1994). Tolerance values used in all our experiments are set to $tol_{\text{Brent}} = 0.05$ and $tol_{\text{Powell}} = 0.02$. The challenge is in finding the best strategy for choosing the new point $x$ in the bracketing interval at each iteration. Powell’s algorithm uses Brent’s method, which is a clever combination of golden section search and parabolic interpolation (Brent 1973; Press et al. 1994).
important feature since this limits the risk of damaging motors and/or gears due to abrupt changes in motor commands. This feature will allow us in the next sections to run an optimization algorithm in parallel to the CPG. The duration of the transient periods before convergence depend on the parameters $a_r$, $a_x$ and $\omega_{ij}$; the lower these values, the slower the convergence; see Figure 7.

5.1.1. Sparse Communication and Temporary Loss of Connection

The distributed implementation of the CPG in separate YaMoR modules that communicate via Bluetooth implies several potential problems in the communication between oscillators. These potential problems include sparse communication (i.e., state variables of neighboring oscillators cannot be communicated as fast as the numerical integration), temporary loss of connection and time delays due to hops in the Scatternet.

We tested these different potential problems in MatLab to evaluate how much they could affect the activity of the CPG. The sparse communication is tested by communicating the state variables of oscillators with a communication time step that is larger than the integration step. At each communication time step, oscillator $i$ receives the state variables $r_j$ and $\phi_j$ from oscillator $j$. There are several options for how to deal with the coupling terms during the intervals between each communication time step: (1) one can set $r_j$ to zero when there is no communication; (2) one can keep the old $r_j$ and $\phi_j$ values as constants during the interval; and (3) one could try to interpolate these values based on past values. We tested options (1) and (2).

Figure 8 illustrates the time needed to reach convergence with option (1) as a function of the communication time step.

Fig. 6. Example of abrupt parameter changes in the CPG model. (a) Output signals $\theta_i$ of the 5 oscillators; (b) amplitude state variables $r_i$; (c) offset state variables $x_i$; and (d) phase differences $\Delta \phi_i = \phi_{i+1} - \phi_i$ between neighbor oscillators.

Fig. 7. Example of abrupt parameter changes in the CPG model. Same experiment as in Figure 6, but with $a_r = 2$ s$^{-1}$, $a_x = 2$ s$^{-1}$, and $\omega_{ij} = 2$.

Fig. 8. Sparse communication in a system with an oscillation period of 2 s. Time to reach the limit cycle depends on the communication time step size, which is given as multiples of the integration time step (10 ms). The time to convergence is measured as the number of cycles needed for all oscillators to come within 0.1 rad of the desired phase lags between each other. Data points and error bars correspond to the average and standard deviation, respectively, of 5 trials with random initial conditions.
size. The communication time step size is given as multiples of the integration time step. The time to convergence is measured as the number of cycles needed for all oscillators to come within 0.1 rad of the desired phase lags between each other. The test shows that time to convergence increases approximately linearly with the communication time step size. This means that the system will converge to the desired oscillatory pattern even if the communication between modules takes place irregularly. Note that the cycle duration of the illustrated system is 2 s, which means that the maximum communication step of 30 times the integration step corresponds to a communication only every 300 ms (i.e. less than 7 times per cycle).

With option (2), the system will converge to a steady-state regime much faster than with option (1) (data not shown), but with the problem that the steady regime does not exactly correspond to the desired oscillatory pattern. Indeed, the phases in the steady-state regime do not increase linearly, which means that the phase differences between oscillators vary over time and that the oscillation signals are not pure sinusoids. In practice, this becomes noticeable only for large communication steps (30 integration steps or above); we are using option (2) with 25 integrations steps in our hardware experiments.

5.1.2. Communication Delays

The Scatternet underlying the communication between different modules introduces time delays in the transmission of the state variables between coupled oscillators. We tested the same network as above (a chain of 5 oscillators with bidirectional couplings) with a 10 ms integration step and a 50 ms communication step. In addition to the sparse communication, we added delays in the transmission by sending state variables that are old by some time duration.

Figure 9 shows that time delays deform the patterns of oscillation but in a gradual fashion (using option (1) from the previous section). To measure the deformation, we measure the average and maximal difference between the desired phase lags between oscillators and the actual phase lags after running the system for 50 s.

The results show that the error slowly increases with time delays up to the very large delays tested (300 ms). Time delays in the Scatternet with multiple hops are typically smaller. The time delays due to the Bluetooth communication should therefore have negligible effects on the CPG activity.

5.2. Experimental Setup with the YaMoR Robots

We tested our approach on the actual YaMoR modules with three different robot structures. The experimental setup is shown in Figure 10. The robots are tested in a square arena of 2 m by 2 m. The speed of the robot is measured by tracking a red LED fixed to one of the robot modules by a camera fixed to the ceiling. The x and y positions of the LED are measured in real time, and fed to a PC that running Powell’s method. The evaluation of the speed of the robot is carried out as follows. Each time the parameters of the CPG are updated and sent from the PC to the modules (this takes 8 s e.g. in case of the quadruped robot), we wait for 7 s to give the oscillators and the robot time to go into steady-state locomotion, and then let the system move for 8 s (evaluation window). The estimated speed is the distance between the end and beginning positions during the evaluation window divided by 8 s. In other words, we optimize the capability to move as far as possible from the start of the measure but without specifying a preferred direction. If needed, the robot is manually moved towards the center of the arena at the end of the evaluation in order to maintain it in the field of view of the camera.

The relevant time steps are: the integration time step of 10 ms; the communication time step of 250 ms; and the optimization time step of 23 s. Experience showed that the evaluation is quite noisy and that it is not beneficial to use a precision of more than 0.05 radians for Brent’s method (Powell: 0.02). Using this precision, a line minimization over an interval of 2π (largest possible bracketing interval for a phase difference) involves less than 15 speed evaluations (generally between 5 and 10). An iteration of Powell’s method consists of N line minimizations, where N is the number of parameters. It therefore takes of the order 10 N fitness evaluations for one iteration of Powell’s method (N is between 2 and 6 for
the configurations that we tested; see following sections). Note
that we tested structures with up to \( N = 30 \) in simulation; see
Marbach and Ijspeert (2005).

In this article, a PC runs the optimization algorithm. In con-
trast to locomotion control, a distributed approach is not essen-
tial because the optimization algorithm has negligible compu-
tational cost (compared to integration of the nonlinear oscilla-
tors) and involves little communication (sending new parame-
ter values to all modules every 23 seconds).

5.3. Snake Robot

The first robot structure in which we tested our approach is
a snake robot made of five active modules plus one inactive
module, with all axes of rotations in parallel (Figure 11). The
CPG network is a chain of five coupled oscillators with bidi-
rectional couplings. The couplings between oscillators corre-
spond to the mechanical connections. The choice of this robot
structure was motivated by the fact that it has several sym-
metries, which helps to reduce the number of parameters to
optimize and allows us to make a comparison from a system-
atric search using two parameters. In our case, we set all off-
set parameters \( X_i \) to zero and all frequency parameters \( \omega_i \)
to 0.6\( \pi \). We assume all modules have the same amplitude and
phase lag parameters \( R_i = R \) and \( \phi_{ij} = \phi \). In other words,
the CPG is constrained to produce traveling waves whose am-
plitude and phase lag are determined by \( R \) and \( \phi \), respectively.
The following parameters ranges are explored: \( R \in [0, 0.6] \)
and \( \phi \in [0, \pi] \). Higher values for the amplitude parameter can
lead to self collision between the modules.

Figure 12 shows the exploration of the two-dimensional
parameter space by the Powell algorithm. Within less than
18 min, interesting gaits are found allowing the robot to
progress at 2.1 cm s\(^{-1}\) on average. Note that due to the bracket-
ing method of the optimization algorithms, parameters some-
times jump to sub-optimal solutions and hence the evolution
of the speed measurements shows frequent drops. Because this
particular problem is relatively simple, only three Powell iter-
Fig. 13. Snapshots of a learned gait in the snake robot. The robot is propelled by a traveling wave going from tail (left) to head.

![Image of a learned gait in the snake robot](image)

Fig. 14. Systematic search with the snake robot with speed evaluations from experiments using Powell’s method in the same parameter range superimposed. Final speed values using Powell’s method (averaged over six experiments) is $v = 2.05 \text{ cm s}^{-1}$; the systematic search (one experiment) yields $v = 2.06 \text{ cm s}^{-1}$.

![Image of speed evaluations](image)

<table>
<thead>
<tr>
<th>Exp.</th>
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<th>$t_{\text{maxval}}$ (min)</th>
<th>$v_{\text{final}}$ (cm s$^{-1}$)</th>
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</table>

Since the number of parameters is only two, we can compare the results of the optimization with a systematic exploration of the parameter space. We carried out 81 speed measurements in the same ranges as for Powell’s optimization, with 9 different equally spaced values for both parameters. As can be observed in Figure 14, the speed function is relatively smooth for this robot, with an optimum around $R = 34^\circ$ and $\phi = 50^\circ$. Six repetitive runs of Powell’s method on the two-parameter snake-robot show parameter combinations and speed results in the same region as the maximum of the systematic search. See optimization results in Table 1 and Figure 14.

We therefore regard Powell’s method as being equivalent to or better than a fine-grid systematic search in the case of a two-parameter search. (Note that we are using relatively fine and general tolerance values for Powell and Brent. If needed, they can be adapted to a specific structure and optimization which would reduce the amount of necessary evaluations.) However, unlike Powell’s method, a systematic search is not scalable when using up to 6 parameters ($9^6 = 531441$ evaluations would be necessary in this case).

As can be seen in Figure 12 and in Table 1 the algorithm may find intermediary speed measurements that are higher than the final value after convergence of the Powell algorithm. This is because of the intrinsic noise in the measure of speed and other parameters.

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Fig. 15. Structure of the tripod CPG (left) and the tripod robot (right). Solid lines show the bidirectional couplings between oscillators. The inner nodes (1, 3 and 5) form a closed loop of interoscillator couplings.

and due to the small time window we use to estimate speed (see also the variance in speed measurement for two gaits in Section 5.6). We found out that converged solutions tend to be more robust than intermediary fastest-speed ($v_{\text{maxval}}$) parameter results.

### 5.4. Tripod Robot

We tested the approach on a robot structure with three limbs (Figure 15). The tripod robot is made of seven modules, one of them being a non-actuated extension of the leg. Similarly to the snake robot, the couplings in the CPG network match the mechanical connections between modules. We assumed a left–right asymmetry, as well as symmetries between limbs. The number of parameters to be optimized is six (see Table 2). The value range for $R_i$ was chosen to prevent the robot from self-collision, $X_o$ covers the range 0–90°/3. Higher values would make the motors run continuously into their mechanical blocks (RC servomotors are restricted to a 180°/3 range), or the outer modules would wiggle continuously in the air. $\varphi_{12} = \varphi_{34} = \varphi_{56}$ describes the phase difference from the inner modules towards the outer modules (e.g. in Figure 15 from module 1 to 2; vice versa $-\varphi_{21}$), $\varphi_{13}$ and $\varphi_{35}$ phase lags between the inner modules. The tripod robot shows for its inner modules a circular mechanical structure.

By forming a closed loop the interoscillator coupling rule must be applied:

$$\varphi_{\text{sum}} = \varphi_{13} + \varphi_{35} + \varphi_{\text{module}}.$$  

Phase lag $\varphi_{\text{module}} = \varphi_{51} = -\varphi_{15}$ is therefore filled up automatically by the controlling software to close the circle ($\varphi_{\text{sum}}$ being a multiple of $2\pi$).

Figure 16 shows a typical evolution of the six parameters and the corresponding speed measurements. The optimization took three Powell iterations to converge (first iteration from $t = 0$ min to $t = 17$ min, second iteration from $t = 17$ min to $t = 36$ min, dashed vertical lines). Within just 25 min interesting gaits are found. The fastest gaits move at $\sim 5.5$ cm$^{-1}$ and the final gaits at $\sim 5.1$ cm$^{-1}$. We repeated the experiment six times; maximum speed values are given in Table 3. Regarding the snake robot, intermediate speed measurements are sometimes higher than the final measurements because of noise. The final parameter combination usually shows a more robust behavior than the first maximum found.

Snapshots of the best gaits, a crawling gait using the whole body, are presented in Figure 17 (see also Extension 4). It uses two legs to pull forward, while the third leg slides behind. At this position, the outer modules of the pulling legs point downwards and the third leg has a phase lag such that its outer module points upwards, providing a low friction value. As the two-leg-pulling phase is finished, the third leg points its

<table>
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<th>Parameter</th>
<th>Description</th>
<th>Range</th>
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<tr>
<td>$R_o$</td>
<td>Amplitude outer modules</td>
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<tr>
<td>$\varphi_{35}$</td>
<td>Phase lag 2 inner modules</td>
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</table>

Fig. 16. Optimization with the tripod robot. Top: variations of the six network parameters; bottom: evolution of the measured speed.
Fig. 17. Snapshots of the learned gait in the tripod robot (see also Extension 4; Extension 3 shows an initial gait). The tripod uses two legs in front, and pulls one leg behind.

Table 3. Best and final parameter combinations for six optimization experiments using the tripod robot.

<table>
<thead>
<tr>
<th>Exp.</th>
<th>$v_{\text{maxval}}$ (cm s$^{-1}$)</th>
<th>$t_{\text{maxval}}$ (min)</th>
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outer module downwards, fixing the tripod robot against further movement. At the same time, the synchronous working two legs point their outer modules in the air. The final parameter distribution has many variations due to the several possible symmetry lines for the tripod robot.

During the experiments the tripod robot often developed a gait of heading slightly offside instead of in a straight line; only some gait patterns featured straightforward locomotion. For both cases, maximum speeds of up to 6 cm s$^{-1}$ are reached. Because these gaits can derive from noisy measurements, we normally use more robust parameter combinations provided by the final values of an optimization. For Figure 16 this would refer to gaits in the time range from 55 min until the end of the experiment, rather than the very maximum point at 26 min.

5.5. Quadruped robot

By using an empty YaMoR shell in the center we assembled a quadruped robot (Figure 18) with the general orientation of the degrees of freedom staying the same as in the tripod robot configuration. The CPG structure for the quadruped robot is very similar to the CPG tripod structure, except the inner circle of oscillators has four instead of three nodes. Each inner node is connected to one outer oscillator via the same phase lag ($\phi_{13} = \phi_{35} = \phi_{57} = \phi_{71}$). However, the symmetry of the quadruped structure gives us the opportunity to actually decrease the amount of open parameters for the optimization as follows. We induce a symmetry for the inner phase relations by fixing the phase lag $\phi_{13}$ between two neighboring modules (1 and 3, Figure 18), and for node 5 and node 7 ($\phi_{57}$). This fixed value now shows up twice, plus one open phase parameter ($\phi_{35}$) and the computed fourth phase value ($\phi_{71} = \phi_{\text{modulo}}$). The closed loop $\phi_{\text{sum}}$ must be a multiple of $2\pi$:

$$\phi_{\text{sum}} = \phi_{13} + \phi_{35} + \phi_{57} + \phi_{\text{modulo}}.$$  

We set $\phi_{13} = \phi_{57} = 0$ rad. This ‘seeded’ value for both phase lags makes the corresponding legs move with a right angle with respect to each other at all times. (Note that an abstraction of the quadruped robot can be two triangles, being connected by one of their tips and moving around this connection point.) Because only $\phi_{35}$ is left open in this configuration, five open parameters remain to be optimized overall (Figure 19).

The choice for the above introduction of symmetries and the seed value will likely restrict the amount of possible solutions. However, the implicit introduction of symmetry for the inner cycle derived from experience with the tripod robot, assists with fast convergence towards straight gaits. As we can show with the following results, it leads to fast online learning of good gaits for a complex robot structure such as the quadruped robot.
Fig. 19. Powell’s optimization for the quadruped robot, with five open parameters.

Figure 20 shows an evolved gait (see also Extension 6; Extension 5 shows an initial configuration), where the amplitudes $R_i$ ($R_{1,3,5,7}$) of the inner modules are relatively small. This gait pattern propels the robot in an almost straight line (looking at it over several oscillation cycles). A simplified description of the particular gait looks at two opposing legs: they work as a bridge, with the center of the robot in the middle. By oscillating around their foot contact points, two opposing legs bend the rest of the body forward while the other two legs are mostly in the air. As soon as this movement is finished (after half a cycle time), the remaining two legs repeat the movement, but in a perpendicular direction. What results is a zig-zag gait (two steps over one cycle time) when looking at the center of the robot. All of the evolved gaits during six experiments showed derivations of the above simplified patterns. However, several nuances of gaits are found at convergence time. Mainly gaits with higher values for $R_i$ tend to slightly self-turn by small increments (with a global straight motion), whereas gaits with small $R_i$ values move as in the snapshots.

Similar to the tripod robot, the quadruped robot is using not only the tip points of the outer modules for locomotion but also the surface of single or several legs (this depends largely on the values for the outer modules amplitudes, $R_o$ and their offsets $X_o$). Extreme maximum speed measurement points show patterns that slide single or several legs rather than precisely lifting a leg up, bringing it forward and putting it down again. Complex movement patterns are not predefined in this framework, but can evolve if several degrees of freedom are connected in series (as in the case of a leg with two joints) and the optimization method evaluates the derived gait as successful.

Table 4. Experimental results from six experiments using Powell’s method with the quadruped robot, optimization with five open parameters. The first and the last experiment show at the convergence of the algorithm relatively poor results. Good gaits have average speed values of 3.5 cm s$^{-1}$.

<table>
<thead>
<tr>
<th>Exp.</th>
<th>$v_{\text{maxval}}$ (cm s$^{-1}$)</th>
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</table>

In the case of the quadruped robot, the mechanical degrees of freedom are never all ideally positioned for straight locomotion because of the star structure. That is why a zig-zag gait is possibly an optimal solution for a quasi-straight gait. During half a cycle period, two opposing legs co-work and propel the robot forward, either along the axis colinear to these legs or by an axis perpendicular through the center of the body.

Table 4 shows a list of speed values resulting from the fastest gait (usually an intermediate point) and the gait at conversion time. The optimization process of optimal gaits seemed more difficult e.g. comparing it to experiments with the tripod robot. We observed that speed values from evolved gaits are smaller than those of the tripod robot (about 1.5 cm s$^{-1}$). A probable reason for this is our restriction to five open optimization parameters, although chosen with care. By opening further degrees of freedom to the optimization algorithm, we expect better results. The necessary precise coordination of the four legs and a constantly shifting center of mass (our quadruped robot has no ‘backbone’, hence no implemented mechanical preferred locomotion direction) makes the optimization of such a structure especially challenging.

5.6. Changing Frequency

We were interested in exploring how the speed of locomotion can be varied by changing the frequency $\nu$ ($\nu = \omega_i / 2\pi$). Figure 21 shows the speed results obtained with two good gaits selected from the experiments with the quadruped robot from the previous chapter when $\nu$ is changed in the range of [0.1, 0.5] rad s$^{-1}$. Both gaits have approximately the same speed (3.5 cm s$^{-1}$) at $\nu = 0.3$ rad s$^{-1}$. For both gaits, the speed can be adjusted monotonically with the frequency and interestingly the relation is almost linear in the given frequency range. This
Fig. 20. Snapshots of the learned gait in the quadruped robot. The center of the robot describes a zig-zag trajectory in the horizontal layer (with two steps per cycle).

Fig. 21. Test of the speed control with the quadruped robot: two of the fastest gaits are used. The frequency of the oscillators was gradually increased from 0.1 rad s\(^{-1}\) to 0.5 rad s\(^{-1}\) and the experiment was repeated six times. Data points and error bars correspond to the average and standard deviation, respectively, of six trials per gait (left: A; right: B).

means that the frequency is a useful open parameter to control speed. Note that we could not properly explore frequencies higher than 0.5 rad s\(^{-1}\) because these frequencies draw a lot of power from the YaMoR modules, which regularly result in resetting the microcontrollers of some modules. For higher frequencies, it is expected that speed will at some point saturate and even decrease because of slippage.

6. Discussion

We have developed a framework for learning to move with modular robots using central pattern generators and online optimization. The main contributions of this work are: a distributed implementation of a CPG that offers an ideal substrate for producing locomotion patterns and for online learning; a Bluetooth communication protocol for coordinating multiple modules; and an optimization framework for fast learning.

As discussed in the introduction, the CPG model has several interesting features that make it well suited to modular robotics. First, it can readily be implemented in a distributed fashion. As shown in the robotic experiments, each module runs its own nonlinear oscillator. In the YaMoR module, a single oscillator is sufficient because the module has only one degree of freedom, but more could easily be added if there were additional actuators. Second, the distributed network of oscillators is robust against sparse communication and time delays in the communication. Indeed, the transfer from our tests in MatLab to the hardware implementation did not present any difficulty. Furthermore, the synchronization properties of the system of coupled oscillators offer interesting features such as robustness against differences in clock frequencies of the multiple microcontrollers involved, as well as the possibility to dynamically add or remove oscillators in the network (e.g. through the addition or removal of modules). Finally, the limit cycle behavior of the CPG allows one to abruptly change parameters in the CPG while the CPG is running. Despite the abrupt changes, the oscillating output signals smoothly converge towards the new oscillation pattern (the new limit cycle) after a short transient period. This feature allowed us to run the optimization algorithm in parallel with the CPG without needing to stop and reset the robot. It is also a feature that is useful for modulating the speed and direction of locomotion by changing frequency and/or amplitude parameters (see Lachat et al. 2006, for instance). Moreover, the smooth modulation of set-point trajectories helped prevent damage to the motor and gearbox of the servomotors. Indeed, we did not have any damaged servomotor during all of our tests and experiments (more than 40 hours in total of extensive use for some of the modules).

The Bluetooth communication protocol used with the YaMoR modules has greatly simplified the rapid construction and control of different robotic structures, since there is no need to electrically connect modules together. With the help of our Scatternet protocol, Bluetooth provides a transparent communication system that is easy to use. The protocol automatically learns the shortest path through the network and provides broadcast functionality. Via remote control, every other Bluetooth device that belongs to a Scatternet can be controlled from a single device. However, wireless communication networks have the drawback that they are normally less efficient than
networks based on wires. The latest Bluetooth 2.0 standard supports data rates up to 2.1 MBit/s which is much smaller than data rates that can be achieved with a communication based on wires. However, with our modular robot we can show that even data rates of 721 kBit/s are sufficient for autonomous control strategies based on CPGs. If higher data rates are needed, we propose the use of a hybrid communication system. Wired communication can be used while the modules of the robot remain in a fixed mechanical structure, while wireless communication could be used when the robot is in the process of a reconfiguration, between the modules of different modular robots, and/or between a control center such as a PC and the modular robots.

The optimization based on Powell’s method has led to interesting gaits in a very short time. The approach is faster than a genetic algorithm by at least one order of magnitude (see comparative tests in simulation by Marbach and Ijspeert 2005). For all trials with the different robot structures, it managed to significantly improve the speed of locomotion compared to initial random values. The strength of the algorithm is its rapid convergence to a local optimum. Its weakness is that it can relatively easily miss global optima (compared to stochastic methods such as genetic algorithms, particle swarm optimization or simulated annealing).

In our tests, we had however had the interesting result that the algorithm tended to evolve to gaits of the same high quality for different trials with the same robot, and only rarely converged to bad solutions. The likely reason for this is that although the search space presents multiple local optima, the regions close to the global optima are rather large and flat (rather than peaked). This is what we observed when we made a very fine-grid systematic search in a 2D slice of the search space of the quadruped robot using a simulator (Figure 22). This means that finding near optimal solutions was not too difficult for the optimization algorithm for these three types of robots and their given search spaces. Of course, it remains to be seen if this is valid for more complex robots and/or larger search spaces, as discussed later.

We are currently extending this work in several directions. First of all, we are repeating the experiments with a larger variety of robot structures and more trials per structure. The goal is to better characterize the optimization and to test whether the approach can deal with structures that have more open parameters. While the tests presented here are promising, they were obtained by restricting the size of the search spaces using symmetries in the robot structures. In order to be more generic, it is important to run the optimization algorithm in a larger search space (and to monitor how much time is needed to find interesting solutions) and/or to have the robot modules discovering their symmetries on their own by exploring the topology of the mechanical couplings.

Another experiment that we are conducting is learning with dynamically changing robot structures, e.g. with the addition or removal of limbs. It is possible to add a mechanism that monitors whether modules are added or removed, whether the speed of locomotion drops, and which module restarts the optimization algorithm accordingly. We obtained promising results in preliminary experiments. This will provide the robot with life-long learning and hence the capacity to deal with changing structures and/or environments. This is a very valuable feature for self-reconfigurable modular robots. In this framework it would be interesting to extend the optimization algorithm with the possibility of searching a database of previously learned gaits, in order to avoid relearning gaits for previously encountered structures or environments. The self-modeling approach proposed by Bongard et al. (2006) could be very useful for monitoring changes and damages in robot structures, and would nicely complete our online learning mechanism.

Note that one problem with online learning is the risk of damaging the robots when testing bad locomotor patterns (e.g. patterns that make the robot fall heavily or that produce internal collisions). We did not address this problem here because the robot structures that we tested are not capable of lifting themselves up far from the ground. But this is certainly a problem that can generally occur. One solution that we could envision to limit this risk is to run a simulator in parallel with the real robots, and to test locomotor patterns in simulation before deciding to send them to the real robot. The simulator would not be used to quantitatively evaluate the locomotion (as discussed earlier, we believe this should be done on the real robot.
in its real environment), but only to filter out potentially dangerous ones.

We are also exploring how to carry out optimization autonomously on board of the robots. The optimization algorithm could easily be implemented on a master module (instead of the PC). The master module would estimate its speed based on its own sensors (e.g., inertial sensors), and transmit CPG parameters to the other modules at each evaluation step. More interesting, but also more difficult, would be to design an optimization algorithm that is itself distributed among modules and does not depend on a master module.

Finally, locomotion is not useful if it cannot be modulated by sensory information. We therefore intend to explore how sensory information can be integrated in the CPGs for modulation of speed and direction of locomotion. See Kamimura et al. (2004) for a good example of entrainment between the MTRAN modules and a CPG model and of compensation of drift phenomena. In related work, we demonstrated how CPGs can continuously be modulated by sensory information (Righetti and Ijspeert 2008) for agile locomotion with rapid changes of speed, direction and types of gait (Ijspeert 2001; Lachat et al. 2006), and also to adapt to the resonant frequency of a compliant robot (Buchli et al. 2006a). The challenge here is to do the same but with a distributed network of sensors, and to learn how to best use and transmit among modules the sensory information available in each module.

Appendix A: Index to Multimedia Extensions

The multimedia extensions to this article can be found online by following the hyperlinks from www.ijrr.org.

Table 5. Index to Multimedia Extensions

<table>
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<tr>
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<th>Media type</th>
<th>Description</th>
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</thead>
<tbody>
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<td>1</td>
<td>Video</td>
<td>Snake configuration, random gait</td>
</tr>
<tr>
<td>2</td>
<td>Video</td>
<td>Snake configuration, efficient gait</td>
</tr>
<tr>
<td>3</td>
<td>Video</td>
<td>Tripod configuration, random gait</td>
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<tr>
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<td>Video</td>
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<tr>
<td>6</td>
<td>Video</td>
<td>Quadruped configuration, efficient gait</td>
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References


